



Current Research Opportunities



A simple guide to current health and wellbeing research opportunities. Taking part is voluntary — please check the full study information and eligibility requirements before signing up.

Be Part of Research

General health research

About: A free service that helps people find and take part in health and care research across the UK.

Who may be able to take part:

- Choose health conditions or topics that interest you
- Get matched with suitable studies

What you may need to do: Create a profile and explore opportunities that may suit you.

Find out more: <https://bepartofresearch.nihr.ac.uk/>

Join Our Research Community

About: We are asking people aged 16+ to make a difference for mental health by joining our Research Community

Who may be able to take part:

Anyone

What you may need to do: Register to join online

Find out more: bit.ly/community-hacw

EDGI

Eating disorders genetics initiative

About: A large research study exploring the genetics of eating disorders.

Who may be able to take part:

- Aged 16 or over
- Living in England
- Have experienced or are experiencing an eating disorder

What you may need to do: Complete an online questionnaire and provide a saliva sample.

Find out more: edgiuk.org

STAR

The STAR (Study of Trauma And Recovery)

About: A research study looking at how people recover from traumatic experiences and which treatments may help.

Who may be able to take part:

- Adults with PTSD symptoms or a diagnosis
- Adults with trauma but no PTSD
- Some participants may be suitable for a treatment trial

What you may need to do: Online assessment. Some participants may be invited to a treatment study.

Find out more: kcl.ac.uk/trauma_research



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THRIVE

Rural mental health

About: Research into mental health and wellbeing in rural communities, including what helps people stay well.

Who may be able to take part:

- People living in or connected to rural communities
- Those interested in rural mental health research

What you may need to do: Opportunities vary depending on the specific project.

Find out more: [worcester.ac.uk/rural mental health research](https://www.worcester.ac.uk/rural-mental-health-research)

PMDD

Premenstrual dysphoric disorder

About: Researchers are looking into the causes of premenstrual dysphoric disorder (PMDD) so we can help improve care for people affected by it.

Who may be able to take part:

- We want to hear from people who have:
- experienced severe symptoms of
- premenstrual syndrome (PMS) in
- their lifetime, or
- symptoms or a diagnosis of PMDD

What you may need to do: Online survey (approx. 25mins)

Find out more: bit.ly/pmdd-her

JDR

Join Dementia Research

About: Register your interest in taking part in Dementia Research

Who may be able to take part:

- People with and without dementia
- People 18 +

What you may need to do: Register online

Find out more: <https://www.joindementiaresearch.nihr.ac.uk/>