

THE GLAD STUDY

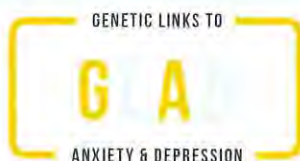
WANTS YOU!

Ever wondered **why** some people become **mentally ill** and others don't?

We are looking for people with **no experience** or diagnoses of mental health disorders, to be part of our study.

You can be part of a **comparison group** to help us better understand **why** anxiety and depression **develop for some but not others.**

WE HOPE 10,000 PEOPLE WILL TAKE PART!



gladstudy.org.uk

WHAT IS THE **GENETIC LINKS TO ANXIETY AND DEPRESSION (GLAD) STUDY?**

A mixture of **genetic** and **environmental** influences causes depression and anxiety

Join us at **GLADSTUDY.ORG.UK** to take part in research aiming to better understand how.

Together, with your contribution, we can make a difference and improve future treatments!

OPEN TO ANYONE...



Aged 16+



Living in the UK



Who has never experienced mental health disorders

How to join the **GLAD STUDY**...

Register

Register on our website, **GLADSTUDY.org.uk**, and read the information sheet



Consent

Provide your consent using our **online form**



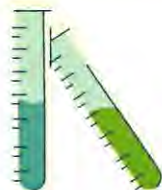
Online Questionnaire

Complete an **online questionnaire** to confirm you are eligible. This takes around 45-60 minutes



Send a saliva sample

Post us your **saliva DNA sample** using the prepaid envelope provided



HAVE QUESTIONS?

GET IN TOUCH!



Email: gladstudy@kcl.ac.uk



Freephone: 0800 634 4504



Phone: 0207 848 1638



@gladstudy



@gladstudy



@JoinGLADStudy

NIHR | BioResource**JOIN US IN THE LARGEST EVER STUDY OF****ANXIETY AND
DEPRESSION**

Ever wondered why some people become **mentally ill** and some don't?

We want to hear from you if you've **never experienced a mental health disorder**, to help understand why some groups of people are more at risk of illness.

Taking part in studies is **crucial** to help researchers fully understand mental health in **ALL** groups.

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