

NIHR | BioResource

ARE WE DOING ENOUGH FOR THE MENTAL HEALTH OF **BRITISH ASIANS?**

TO HELP US DO **MORE**, BE
PART OF THE LARGEST EVER
STUDY OF

ANXIETY AND DEPRESSION

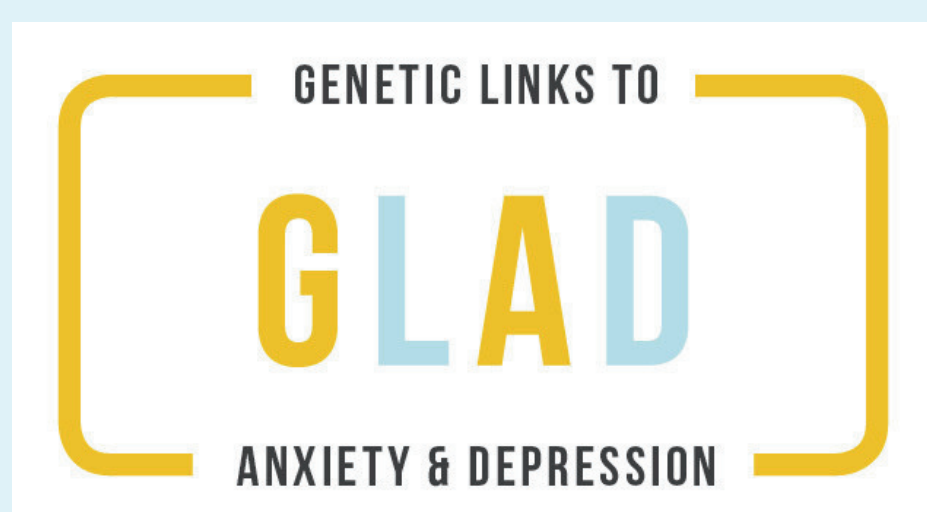
Our research is
open to all
communities, yet the
experiences of **Asians**
living in the UK are
underrepresented in
our research.

We want to hear from
you if you've **never**
experienced a mental
health disorder

WE HOPE 10,000 PEOPLE WILL TAKE PART!



THE GENETIC LINKS TO ANXIETY & DEPRESSION STUDY



GLADSTUDY.ORG.UK

WHAT IS **THE GENETIC LINKS TO ANXIETY AND DEPRESSION (GLAD) STUDY?**

A mixture of genetic and environmental influences causes depression and anxiety

Join us at **GLADSTUDY.ORG.UK** to take part in research aiming to better understand how.

Together, with your contribution, we can make a difference and improve future treatments!

OPEN TO ANYONE...



Aged 16+



Living in the UK



Who has never experienced mental health conditions

How to join the GLAD STUDY

Register

Register on our website, **GLADSTUDY.org.uk**, and read the information sheet



Consent

Provide your consent using our online form



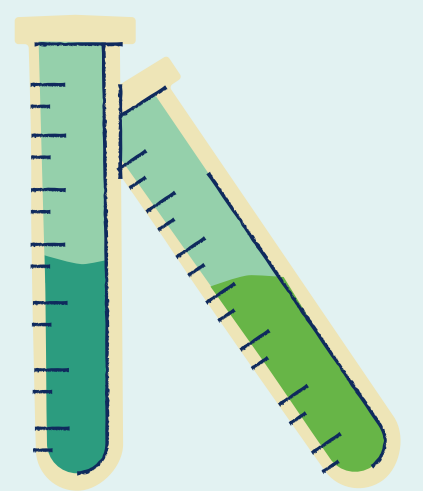
Online Questionnaire

Complete an **online questionnaire** to confirm you are eligible. This takes around 45-60 minutes



Send a saliva sample

Send a **saliva DNA sample** through the post using the prepaid envelope provided



HAVE QUESTIONS? GET IN TOUCH!



Email: **gladstudy@kcl.ac.uk**



Freephone: **0800 634 4504**



Phone: **0207 848 1638**



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