

NIHR | BioResource

THE GLAD STUDY

WANTS YOU!

HELP MEN WITH
ANXIETY AND/OR
DEPRESSION

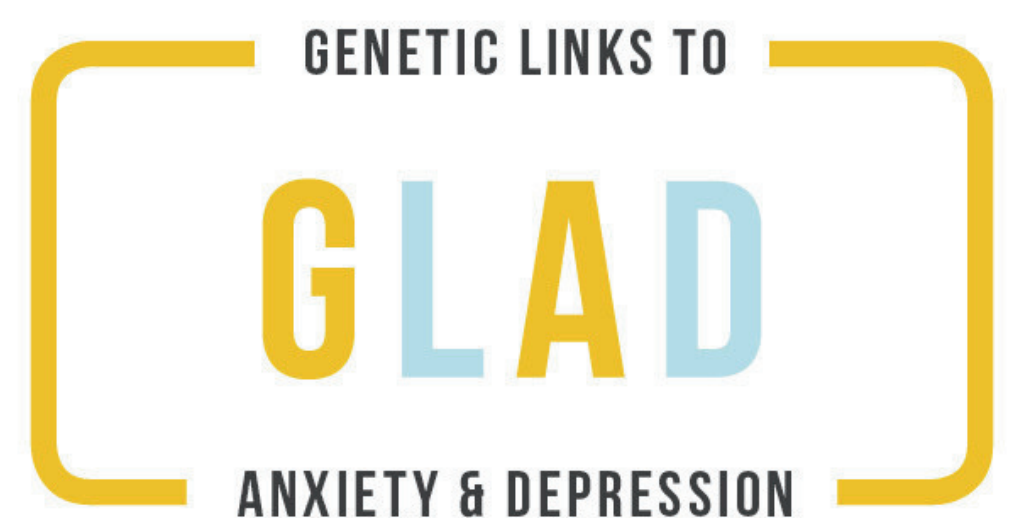
1 in 8 men experience a mental health problem yet they are **under-represented** in health research

We are looking for **men** to participate in our study to further our understanding of **mental health** conditions

**You can help by
taking part today**

GLADSTUDY.ORG.UK

WE HOPE 40,000 PEOPLE WILL TAKE PART!



WHAT IS THE **GENETIC LINKS TO ANXIETY AND DEPRESSION (GLAD)** STUDY?

A mixture of **genetic** and **environmental** influences causes depression and anxiety.

Join us at **GLADSTUDY.ORG.UK** to take part in research aiming to better understand how.

Together, with your contribution, we can make a difference and improve future treatments!

OPEN TO ANYONE...



Aged 16+



Living in the UK



Experienced an anxiety and/or depressive disorder*

***No diagnosis necessary!**

How to join the **GLAD STUDY**...

Register

Register on our website, **GLADSTUDY.org.uk**, and read the information sheet



Consent

Provide your consent using our **online form**



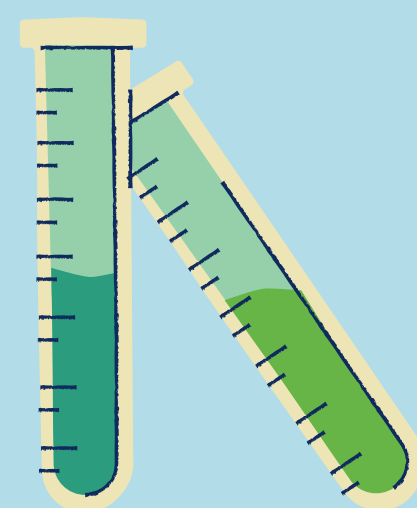
Online Questionnaire

Complete an **online questionnaire** (45–60 minutes) to confirm you are eligible



Send a saliva sample

Post us your saliva DNA sample using the prepaid envelope provided



HAVE QUESTIONS? GET IN TOUCH!

 **Email: gladstudy@kcl.ac.uk**

 **Freephone: 0800 634 4504**

 **Phone: 0207 848 1638**



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