

NIHR | BioResource



EDGIUK.org

Take part in a major research project to better understand eating disorders

Is open to anyone who...

- ✓ Is aged 16+
- ✓ Lives in England
- ✓ Is currently experiencing or has experienced an eating disorder in the past

What is the Eating Disorders Genetics Initiative (EDGI)?

EDGI is a project set up to explore **risk factors** in individuals who have experienced **eating disorders, including anorexia nervosa, bulimia nervosa, binge-eating disorder or any other eating disorder** at any time in their lives.

It aims to better understand the **genetic and environmental links to eating disorders** in order to **improve treatments for current and future patients**. EDGI is also part of the **NIHR BioResource**, which is a large panel of participants with and without health conditions, that are interested in taking part in research; with the aim to improve health and medical care.

Find out more by going to **EDGIUK.org**

How do I take part in EDGI?

You can take part in EDGI by following the sign-up steps.

These are designed to be easy to complete and are:

1. Register on our website, **EDGIUK.org**, and read the information sheet
2. Provide your **consent** using our online form
3. Complete an **online questionnaire** to see if you are eligible. This takes around 30 minutes
4. Send a **saliva DNA sample** through the post using the freepost envelope provided



Once you have completed these steps, you will be able to see information on the website about a number of **optional questionnaires** or **other research projects** that are being carried out.

Once you are enrolled in EDGI, you are free to withdraw at any time if you choose.

Who can I contact if I have more questions?

If you are interested in joining EDGI but have more questions, you can visit our FAQ page at **EDGIUK.org/faqs**

Alternatively you can contact us via:

@ Email: EDGI@kcl.ac.uk

Freephone: 0800 917 6016

Phone: 0207 848 1639

Facebook: @EDGI.UK

Twitter: @EDGI_UK

Instagram: @EDGI_UK

Find out more by going to **EDGIUK.org**