

Take part in research

PMDD

Premenstrual
dysphoric disorder

NCMH

National Centre for Mental Health
Canolfan Iechyd Meddwl Genedlaethol



Herefordshire and Worcestershire
Health and Care

NHS Trust



About the study

Our researchers are looking into the causes of premenstrual dysphoric disorder (PMDD) so we can help improve care for people affected by it.

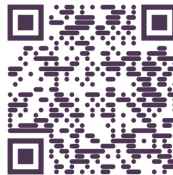
Who can take part

We want to hear from people who have:

- experienced **severe symptoms of premenstrual syndrome (PMS)** in their lifetime, or
- **symptoms or a diagnosis of PMDD**

Learn more and take part

Scan the QR code



or go to

bit.ly/pmdd-her

Get in touch

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