

Current Research Opportunities

A simple guide to current health and wellbeing research opportunities. Taking part is voluntary.
Please check the full study information and eligibility requirements before signing up.

Prioritisation Survey for Educators and School Staff

Help shape a digital **Acquired Brain Injury (ABI)** resource designed to support teachers and school staff.

Who can take part?

- Aged 18+
- Employed in a primary or secondary school
- Open to all educators and school staff
- Previous experience supporting a child or young person with an acquired brain injury is **not required**

What's involved?

- ✓ Complete a 5-10 minute online survey
- 📅 Open until 30 October 2026

Take part:

https://coventryhls.eu.qualtrics.com/jfe/form/SV_6DxXcUBftxBKb8a?Q_CHL=qr

Help Shape Better Care for Minoritised Ethnic People with Long-Term Conditions

Researchers are looking for people from minoritised ethnic communities living with multiple long-term health conditions, and carers, to share their experiences and help improve care and support.

Who can take part?

People with long-term conditions

- Aged 45+
- Living in Coventry, London or Manchester
- From a minoritised ethnic group
- Have 2+ long-term mental and/or physical health conditions
- Able to take part in an interview in English

Carers

- Aged 18+
- Living in Coventry, London or Manchester
- Care for someone with 2+ long-term mental and/or physical health conditions
- Able to take part in an interview in English

60-90 min interview | £25 voucher | Questions: interception@kcl.ac.uk

Participants:

https://forms.cloud.microsoft/pages/responsepage.aspx?id=FM9wg_MWFKy4PHJAcWVDVvK0Xv7DBu51DqXIs6c5qwvhUMzZMQVc3SzVJTkiCWjNUVU9RQ1dGNEFOVi4u&route=shorturl

Carers:

https://forms.cloud.microsoft/pages/responsepage.aspx?id=FM9wg_MWFKy4PHJAcWVDVvK0Xv7DBu51DqXIs6c5qwvhUMzZQME4yQUNaT1JYUTJXOUUpBWjMwVUtNMC4u&route=shorturl

PPRAG (Patient & Public Research Advisory Group)

Help shape research at **UHCW NHS Trust** by joining the Patient & Public Research Advisory Group (PPRAG).

Who can take part?

- Anyone interested in contributing to health research

What's involved?

- ✓ Share your views and experiences
- ✓ Review patient-facing research materials
- ✓ Help researchers develop study proposals
- ✓ Contribute to improving future healthcare

Interested? Register your interest online:

<https://forms.cloud.microsoft/Pages/ResponsePage.aspx?id=8dhxX-9p0UGfHk18S3tH5LF7ppJk6t9NtAXhhKcL2dtURU5NSE1UR09FOUFTSUFMTFVCNEQyQkJaVSQIQCN0PWcu>

Be Part of Research

A free service from the **National Institute for Health and Care Research (NIHR)** that helps people find and take part in health and care research across the UK.

Who can take part?

- Anyone interested in taking part in health or care research

What's involved?

- ✓ Create a free profile
- ✓ Select health conditions or topics that interest you
- ✓ Get matched with relevant research opportunities
- ✓ Choose which studies you would like to learn more about

Interested?

Find out more and sign up: <https://bepartofresearch.nihr.ac.uk/join/>

Your Health, Your Say: Working Together to Tackle Health Inequalities

Help shape research into mental health and wellbeing in rural communities, including what helps people stay well.

Who can take part?

- People with lived experience, opinions or insights relating to health and wellbeing in rural communities

What's involved?

- ✓ Join a Research Advisory Group
- ✓ Share your experiences and perspectives
- ✓ Help influence research priorities
- ✓ Make research more relevant, inclusive and accessible

Interested? Contact the team to express your interest

Find out more:

<https://forms.cloud.microsoft/Pages/ResponsePage.aspx?id=8dhxX-9p0UGfHk18S3tH5PXWcqKBR3JHsISCEqpsk1RUMjgxTVINQ1gwNU9IWEq2S08zNTNRQjhaVS4u&origin=QRCode>

How Masculinity Influences Help-Seeking Decisions Among Men

Researchers at **Coventry University** are exploring how ideas about masculinity influence men's decisions to seek support for mental health distress, and how services can better support men to access help.

Who can take part?

- Men aged **18-34**
- Living in the **UK**
- Have sought support for mental health distress (such as stress, anxiety, low mood or feeling overwhelmed)
- Support can have come from **friends, family, peers, a GP, the NHS or other services**
- Not currently experiencing an acute mental health crisis

What's involved?

- ✓ A one-to-one online interview
- ✓ Approximately 60 minutes
- ✓ Share your experiences of seeking support for your mental health

Interested?

Find out more and register your interest:

<https://app.onlinesurveys.jisc.ac.uk/s/coventry/how-do-notions-of-masculinity-influence-men-s-un-willingness-to>

PIMS (Public Involvement in Miscarriage Studies Group)

Help shape future miscarriage research and care by joining the **PIMS Group** at University Hospitals Coventry and Warwickshire NHS Trust (UHCW).

Who can take part?

- People who have experienced miscarriage

What's involved?

- ✓ Share your experiences and perspectives
- ✓ Help identify important areas for miscarriage research
- ✓ Contribute to the development of future research projects
- ✓ Help improve future miscarriage treatment and care

Interested? Register your interest online

Find out more:

<https://forms.cloud.microsoft/Pages/ResponsePage.aspx?id=8dhxX-9p0UGfHk18S3tH5HzvIb279u9Kn3Bgb443-ZBUMDZIWk1PMU4xN1kyNjlyQVNOVFfCQU5PRi4u&origin=QRCode>

Genes & Health

About:

Genes & Health is one of the world's largest community-based genetics studies. Researchers are working with British Pakistani and British Bangladeshi communities to better understand how genes affect health and help improve the prevention, diagnosis and treatment of conditions such as heart disease, diabetes, cancer and mental health conditions.

Who can take part?

- Aged 16 or over
- Of Pakistani or Bangladeshi heritage
- Living in the UK/England

What's involved?

- ✓ Complete a short health questionnaire
- ✓ Provide a saliva sample (home saliva kit available)
- ✓ Allow researchers to securely link to your NHS health records
- ✓ Optional opportunity to be contacted about future research studies

Interested?

Find out more and join: <https://www.genesandhealth.org/join/>

For support about sharing this research opportunity email: natalie.hibell@nhr.ac.uk or gerri.mulcahy@nhr.ac.uk

Sleep Buddy ADHD Sleep Study

About:

Researchers at the University Hospital of Southampton and Southampton Clinical Trials Unit are testing **Sleep Buddy**, a website developed by medics and psychologists to help improve sleep in children with ADHD.

Who can take part?

- Parent or carer of a child aged **6-12 years**
- Child has a diagnosis of **ADHD (including ADD)**
- Child is experiencing sleep problems
- You can read and understand English without assistance

What's involved?

- ✓ Use the Sleep Buddy website and resources
- ✓ Access information, advice and support tailored to children with ADHD and sleep difficulties
- ✓ Complete the study online over 6 months

Interested? Find out more and check your eligibility: https://www.trial-deck.com/trial/sleepbuddy?reg_code=rTOPi5R7FD

Questions? Visit: sleepbuddysupport@soton.ac.uk or call 0330 1334 689

For support about sharing this research opportunity email marie.crook@nihr.ac.uk

Cleft@18-23 Research Study

About:

The Cleft@18-23 study aims to understand longer-term outcomes for young adults born with a cleft lip and/or palate.

Who can take part?

- Aged 18-23 years
- Have a cleft lip and/or palate
- Had your first cleft operation before the age of 2
- Had your cleft treatment in the UK
- Have been discharged from your cleft centre for more than 6 months

What's involved?

- ✓ Attend a research clinic (approximately 3 hours)
- ✓ Complete questionnaires
- ✓ Have photographs taken of your face and mouth
- ✓ Provide a speech sample and hearing assessment
- ✓ Have your teeth checked

Reimbursement

- ✓ £50 voucher as a thank you for taking part
- ✓ Travel costs reimbursed

Where?

- ✓ Research clinics available at cleft centres across the UK

Interested? Visit: www.bristol.ac.uk/cleft18-23 or email cleft-1823@bristol.ac.uk

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For support about sharing this research opportunity email:

nadezda.starkova@nhr.ac.uk

MAMA Study (Monoclonal Antibody Medications in Inflammatory Arthritis: Stopping or Continuing in Pregnancy)

About:

The MAMA Study is investigating whether it is better for pregnant women with inflammatory arthritis to continue taking biologic medication throughout pregnancy or to stop before 28 weeks' gestation and restart after pregnancy. The study aims to identify which approach leads to the best outcomes for mothers and babies.

Who can take part?

- Pregnant women
- Under 28 weeks' gestation
- Currently taking a biologic medication for inflammatory arthritis

What's involved?

✓ Take part in a study comparing two routine approaches to biologic medication use during pregnancy:

- Continuing biologics throughout pregnancy
- Stopping biologics before 28 weeks' gestation and restarting after pregnancy

Interested? Visit: www.npeu.ox.ac.uk/mama or speak to a member of your clinical care team for more information

For support about sharing this research opportunity email emma.s.goodwin@nihr.ac.uk

Gambling and Wellbeing Survey

About:

Researchers at the University of Birmingham are exploring the impact of gambling on wellbeing. The study aims to improve understanding of gambling-related harms and help inform future support services and public health approaches to reducing harm.

Who can take part?

- Adults affected by gambling, either through:
 - Their own gambling, or
 - Someone else's gambling
- The research team is particularly interested in hearing from:
 - Women
 - Young adults (18-25)
 - People from ethnic minority backgrounds (including mixed heritage and people who identify as white but are not British, e.g. Eastern European)

What's involved?

- ✓ Complete an anonymous online survey
- ✓ Takes approximately 10-15 minutes
- ✓ Participation is voluntary
- ✓ Receive a **£12 gift voucher** for completing the survey

Interested? Fill out the survey here: <https://survey.brigevidencehub.org/> or email brigresearchteam@contacts.bham.ac.uk for more information

For support about sharing this research opportunity email baksho.kaul@nihr.ac.uk

DAISY Study (Digital Family Support Study)

About:

Researchers at the University of Birmingham are exploring whether **Stepping Stones Online**, a digital parent support programme, can help improve behaviour and emotional difficulties in children with a learning disability or developmental delay, while also supporting parent and carer wellbeing.

Who can take part?

- Parent or carer living in England
- Have a child aged **2-11 years**
- Child has a **learning disability or developmental delay**

What's involved?

- ✓ Complete a screening process and consent form if eligible
- ✓ Complete questionnaires about yourself and your family
- ✓ Be randomly allocated to:
 - Access **Stepping Stones Online**, or
 - Continue with the support you usually receive
- ✓ Participants who do not initially receive access to Stepping Stones Online will be offered access after the study

Stepping Stones Online includes:

- ✓ Strategies to make everyday life easier
- ✓ Support for communication and everyday skills
- ✓ Positive approaches to behaviours that challenge
- ✓ Building confidence in parenting

Interested? Visit: <https://nativveresearch.com/participate/daisy> / Email: daisy-

Pain Navigator Study

About:

Researchers at Keele University have worked with children and young people to develop **Pain Navigator**, an online resource to help young people manage muscle and joint pain and make better use of healthcare. The study aims to evaluate how useful these resources are for children, young people and families.

Who can take part?

- Young people aged **8-18 years** with muscle or joint pain (such as foot, ankle, knee or back pain)
- Parents or carers of children and young people with muscle or joint pain

What's involved?

- ✓ Access and use the Pain Navigator online resources
- ✓ Optional opportunity to contribute to research evaluating the resources
- ✓ May be invited to complete a survey or take part in an interview about your experiences

The resources aim to help with:

- ✓ Understanding muscle and joint pain
- ✓ Self-management of pain
- ✓ Planning healthcare appointments and conversations with healthcare professionals

Interested? Visit: www.painnavigator.co.uk or email: comms.painnavigator@keele.ac.uk

For support about sharing this research opportunity email

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online@contacts.bham.ac.uk / Call Dr Emma Scripps: 07483 123993 or Rovin
Bahnassy: 07483 656342

For support about sharing this research opportunity email baksho.kaul@nihr.ac.uk

emma.s.goodwin@nihr.ac.uk or jenny.turner@nihr.ac.uk

DECODE Study: Understanding Treatment-Resistant Depression

About:

The DECODE (Depression Exploration for Characterising Outcomes and Developing trEatments) study aims to improve understanding and treatment of **treatment-resistant depression** (sometimes called difficult-to-treat depression). Researchers will use a smartphone app to follow participants over time and learn more about symptoms, treatments and outcomes.

Who can take part?

- Aged **16 years or over**
- Have a diagnosis of **depression**
- Have tried **at least two antidepressants** that did not improve your depression sufficiently
- Have access to a smartphone
- Live in the Midlands

What's involved?

- ✓ Complete an eligibility screening
- ✓ Use a smartphone app to take part in the study
- ✓ Complete questionnaires over time
- ✓ Share information about your symptoms and treatment journey
- ✓ Follow-up over a two-year period if eligible

Interested? Email: bsmhft.decoderesearchplatform@nhs.net

For support about sharing this research opportunity email baksho.kaul@nihr.ac.uk

PURSUIT Study: Work-Related Asthma (Patients)

About:

Researchers at the University of Birmingham are looking to improve the identification and management of work-related asthma. The study aims to understand the experiences of people whose asthma symptoms may be affected by their work.

Who can take part?

- Have doctor-diagnosed asthma
- Experience asthma symptoms that are worse at work, and/or
- Find that your asthma is more difficult to control at work

What's involved?

- ✓ Take part in a 30-45 minute interview
- ✓ Interview can be online or face-to-face
- ✓ Participate at a time convenient to you

Interested?

Website: www.brumocclung.org/pursuit

Email: z.shariff@bham.ac.uk

Telephone: 0121 414 8072

For support about sharing this research opportunity email baksho.kaul@nihr.ac.uk or marie.crook@nihr.ac.uk

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PURSUIT Study: Work-Related Asthma (Primary Care Staff)

About:

Researchers at the University of Birmingham are looking to understand how primary care teams identify patients with work-related asthma and how this process could be improved.

Who can take part?

- Healthcare professionals who treat patients with asthma
- Working in primary care

What's involved?

- ✓ Take part in a 30-45 minute interview
- ✓ Interview can be online or face-to-face
- ✓ Participate at a time convenient to you

Interested?

Website: www.brumocclung.org/pursuit

Email: z.shariff@bham.ac.uk

Telephone: 0121 414 8072

For support about sharing this research opportunity email baksho.kaul@nihr.ac.uk or marie.crook@nihr.ac.uk

Improving Care for Venous Leg Problems in People with Dark Skin Tones

About:

Researchers are looking to understand the experiences of people with dark skin tones who have chronic venous insufficiency (problems with circulation in the veins of the legs). The study aims to improve how venous disease and related skin changes are recognised and managed, helping to improve care and reduce health inequalities.

Who can take part?

- People with **dark skin tones**
- Have **chronic venous insufficiency** or circulation problems in the veins of the legs

What's involved?

- ✓ Share your experiences of receiving care for problems with the circulation in your legs
- ✓ Help researchers understand what works well and what could be improved when seeing doctors and nurses about your condition

Thank you payment: £25 e-shopping voucher

Interested? Sign up here: <https://forms.office.com/e/KkM8jEZYNW>

For support about sharing this research opportunity email natalie.hibell@nihr.ac.uk or baksho.kaul@nihr.ac.uk or charlotte.hulme@nihr.ac.uk

British Pakistani Women's Experiences of Gestational Diabetes Survey

About:

Researchers at Warwick Medical School are exploring the experiences of British Pakistani women with gestational diabetes (diabetes during pregnancy). The findings will help improve care, support and long-term health outcomes, including reducing the risk of developing Type 2 diabetes after pregnancy.

Who can take part?

- British Pakistani women
- Aged 18 or over
- Currently have gestational diabetes, or were diagnosed within the past year

What's involved?

- ✓ Complete a survey about your experiences of gestational diabetes
- ✓ Available in English and Urdu
- ✓ Paper copies available on request

Interested?

Survey: https://warwick.co1.qualtrics.com/jfe/form/SV_0NZimsXkSDOctUO

Email: lfra.ali.3@warwick.ac.uk

Tel: 07353 115365

For support about sharing this research opportunity email marie.crook@nihr.ac.uk

Please note: Research studies can change their eligibility criteria, recruitment status and requirements.
Always check the official study information before taking part.